



The consequences of various disasters can be similar, however, knowing the risks in your region can help you better prepare.



SEVERE STORMS AND POWER OUTAGES.



EARTHQUAKES

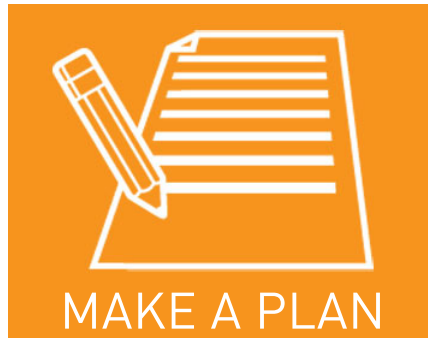


HOUSE FIRES AND URBAN INTERFACE FIRES.



FLOODS

Plan ahead to be able to shelter-in-place for a minimum of **ONE WEEK**.



Every household needs an emergency plan. It will help you and your family know what to do in case of emergency.

Your family may not be together when the emergency occurs, so plan how to meet or how to contact one another.

CONSIDER THE FOLLOWING WHEN MAKING YOUR PLAN:

- Safe exits from your home and neighbourhood
- Meeting places to re-unite with family
- Contact persons close-by or out of your locality
- Special health needs
- Location of fire extinguisher, water value, electrical box, gas value and floor drain
- Pets

PRACTICE YOUR EVACUATION ROUTES AND EMERGENCY PLAN.

Keep a HELP/OK sign close to your front door so you can let emergency responders know your condition during an emergency by placing the sign in a front window.



GRAB 'N GO

Everyone in the family should have their own kit in case of evacuation from your home.



CAR KIT

You may be stuck on the highway due to a storm, accident, or other emergency.



HOME KIT

For use by the entire family and stored in an easy-to-reach location.

Prepare to be self-sufficient for a minimum of **ONE WEEK**. Basic supplies:

- Water - 2 liters / person per day
- Non-perishable food
- Windup or battery powered flashlight / radio / cell phone charger
- First Aid Kit
- Extra keys to car and house
- Cash in smaller bills
- Copy of your emergency plan and contact information
- Prescription medications

WHAT IS A RECEPTION CENTRE?

Emergency Reception Centres (RC) are set up to receive evacuees during an emergency or disaster. They provide essential needs for those affected for up to 72 hours.

You will be informed of their location(s) during an emergency by local radio, social media or TV.

Keep a pet transport cage handy as RC's do not allow pets inside.



WHO STAFFS A RECEPTION CENTRE?

ESS (Emergency Support Services) is a group of dedicated volunteers who are trained to provide assistance during an emergency or disaster.

They are members of your community giving their time to help others in need.

Want to Volunteer?

Contact CRESST at campbellriveress@gmail.com

WHO IS CRESST?

CRESST (Campbell River Emergency Support Services Team) is a volunteer based organization. It is part of a community based provincial emergency response programme which provides short term disaster relief in the event of fires, floods, earthquakes or other emergencies


CRESST does presentations on emergency preparedness in local schools annually and to various groups / organizations upon request.

EMERGENCY INFORMATION SOURCES

CRESST:

(250) 923-0359
PO Box 22003 Dogwood
Campbell River, BC
V9W 8G7

campbellriveress@gmail.com

 Find us on Facebook:

Strathcona Regional District:

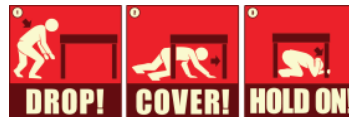
preparedness@strathconard.ca

Online:

getprepared.gc.ca

PreparedBC Website

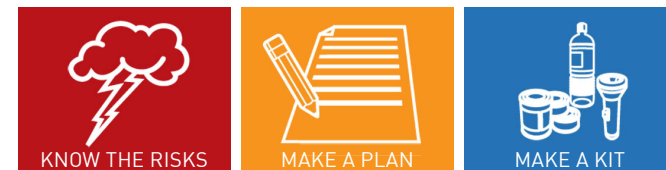
ShakeOut BC Website



Emergency Preparedness



IS YOUR FAMILY PREPARED?



CRESST



Campbell River
Emergency Support
Services Team